



## **Dress Code – The Cabin 2017**

The Cabin is a treatment facility and therapeutic community. We welcome a diverse group, working through a variety of challenging life situations. We are inclusive and do not discriminate on any grounds. Our community standards offer us a safe framework for discovery and growth.

Our community is a place for reflection and a space for change. We practice tolerance and understanding, even when our views are challenged. We are a workspace where new behaviours are practiced. Our philosophy encourages acceptance of ourselves and others.

In order to keep our community safe, we request that you dress appropriately. Casual wear is appropriate for the working day, clinical hours, medical appointments and therapeutic groups. Hats, hoods and sunglasses should not be worn in group/ therapy sessions.

Please do not wear sportswear, gym wear, yoga clothing or any spandex or tight-fitting clothing outside of holistic or fitness appointments. Midriff, and sleeveless tops are limited to gym and holistic sessions. Underwear must be worn at all times. Underwear should not be visible outside of clothing. Low-cut and revealing clothes (e.g. shorts above mid-thigh and plunging necklines) are not acceptable in communal areas.

Our restaurants offer a self-service selection and chef prepared stations. Please dress appropriately in the restaurants and dining areas. Swimwear, gym wear and fitness clothes are not permitted in the restaurants. Footwear must be worn at all times.

We thank you for your cooperation and for your acceptance of our community guidelines.