

## **BEHAVIOURAL CONTRACT**

1. No alcoholic beverages or drugs of any kind are allowed on the premises. The rule does not apply to medication prescribed for medical illnesses and administered by The Cabin's clinical staff.
2. Clients who are intoxicated on any substance will be put under review for possible exclusion from the programme.
3. It is in clients' best interest to attend all clinical and therapeutic meetings and scheduled activities.
4. Clients will attempt to follow all the directives and advice offered by staff. Our goal is to offer these in the best interest of the clients.
5. Clients will agree to be honest about matters that relate to being a resident of The Cabin in treatment.
6. Clients will agree to keep in confidence any and all information pertaining to persons in treatment and to honour the confidentiality and rights of other residents and staff.
7. Clients will be considerate and respectful of other residents and staff at all times. Noise (music, conversations) is to be kept to a minimum as this is a retreat environment, and any form of violent or threatening behaviour will result in immediate exclusion from the program.
8. Sexual activity of any kind is not allowed. Clients who engage in sexual activity will be asked to leave The Cabin. If any clients appear to be forming any exclusive/romantic relationships, Cabin Staff will intervene.
9. Clients are not to enter anyone else's room at any time under any circumstances.
10. Clients will not leave the premises without the prior permission of their caseworker.
11. Clients may not lend, borrow or give money to other clients.
12. Mobile phones are to be turned in upon intake. You will be able to use your phone between 3-6pm on Saturdays. Use outside of these times must be approved by your counsellor. Laptops and handheld electronic devices are to be kept inside clients' rooms at all times, and are not to be taken on excursions. The only exception to this rule is that personal electronic devices which will be allowed on non-therapeutic off site activities such as visa runs.
13. Outside contact (via internet, phone, etc.) will be monitored by Cabin clinical staff. If your outside contact appears to be detrimental to your recovery in any way (e.g. co-dependent relationships, conflicts, or contact with persons engaging in drug/ alcohol use), we will intervene.
14. Wi-Fi is available to clients of The Cabin for short periods at either end of each day. This policy allows our residents to perform basic communications with regard to the running of their businesses, etc. This is your responsibility – do not allow it to detract from our full recovery, which is your priority during your stay.
15. Clients may be asked to move rooms or move to another site if Cabin staff determines that it is necessary. Clients are expected to comply with such requests when asked.
16. Clients may not move rooms without approval from the support office manager.

17. No smoking is allowed in rooms, buildings, around the pool or in the dining areas.
18. Client will be held accountable and be expected to pay for any damage to Cabin property.
19. Clients understand that all financial transactions made through The Cabin (shopping list items, tips for masseuses, items bought on excursions, etc.) will be subject to a 7% VAT tax.