

**Thai Juvenile Correction officials receive addiction treatment training
at The Cabin Chiang Mai Rehab Centre**



Thai Juvenile Observation and Protection Dept officials visit The Cabin Chiang Mai

8th September, 2014: The Cabin Chiang Mai hosted a facility visit for a group of officials from the Thai Juvenile Observation and Protection Department, Ministry of Justice, who were interested in learning about the most effective treatment approach to use with addicted youngsters.

The Cabin Chiang Mai, Asia's leading substance and process addiction treatment centre, which is regularly approached to provide addiction treatment training to Thai authorities from various ministries – this time, received a request from the Juvenile Observation and Protection Centre in Bangkok. The detention centre is experiencing an increase in the number of sentenced youth with addiction problems and is trying to increase the skills base of its staff.

The visit started with a presentation by the Cabin's Programme Director, Alastair Mordey about the disease of addiction, the prevalent types of addiction amongst Thai youth and how it is effectively treated in the West with psychotherapy. He then went on to explain The Cabin's treatment model and how the programme is put into implementation with clients.

The Cabin's unique treatment model combines Cognitive Behavioural Therapy, 3 Circle techniques and a modified version of the 12 Steps, which is culturally-sensitive and suited to treating people from different backgrounds and beliefs. The programme is enhanced by Mindfulness and exercise therapy and includes relapse prevention coaching and dedicated aftercare.



The presentation was concluded with a tour of The Cabin's facilities. Later the officials – who expressed great interest in The Cabin's version of the 12 Steps method - said they would adapt what they had learned during their visit to help the addicted children at The Juvenile Observation and Protection Centre.

ENDS

*For more information please contact The Cabin Chiang Mai directly or their PR representative **Edelman Healthcare** at:*

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About the Cabin

The Cabin Chiang Mai is Asia's most respected inpatient drug and alcohol treatment centre, with two facilities and a secondary treatment Sober House located in Chiang Mai. Since late 2009 the Cabin has treated over 900 men and women from around the world with a programme completion rate of 96% and a recovery rate amongst the highest in the world.

The unique programme at The Cabin uses a combination of CBT, 3 Circles and a secularised version of 12 Steps; plus mind mapping, mindfulness therapy and physical exercise therapy. A fully inclusive 28 day programme at The Cabin Chiang Mai costs \$12,900, about a third of the cost of private rehabs in the West.