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**PETE DOHERTY ENTERS REHAB CLINIC, THE CABIN CHIANG MAI**

**Following weeks of speculation, UK musician Pete Doherty has checked into one of the world's most respected rehabilitation centres in Thailand in the hope that he can finally beat his addictions.**

Doherty flew to The Cabin, in Chiang Mai, Thailand this week with his manager Andy Boyd. Doherty's stay at the £270 a night rehab is likely to be for around 10-12 weeks and in that time he will undergo a rigorous treatment programme designed to lead to recovery once and for all.

For the last decade, Doherty has battled drug addiction and been in and out of rehab since as far back as 2004. Most recently he confirmed that he is still using heroin and crack cocaine.

This will be the first time Doherty has entered The Cabin, which claims its addiction recovery rate is amongst the highest; utilising the best counselling methods available in the treatment of addiction.

The unique combination of therapy has been designed by Programme Director Alastair Mordey (BA Hons, RDAP, ADAP). Whilst at The Cabin Doherty will undergo extensive Cognitive Behavioural Therapy (CBT), combined with a modern approach to the traditional Twelve Step method, which has been 'secularised' and 'rationalised' by its clinical team to better suit addiction terminology and treatment, along with workshops in Mindfulness and Mind Mapping.

In addition it is likely Doherty will undertake a tailored exercise programme including yoga and pursuits such as elephant trekking, to create a comprehensive, modern and holistic approach to treatment along with in-house medical care and 24-hour nursing under the supervision of Thailand's foremost expert on addiction and detoxification.

On Doherty's arrival at The Cabin, Alastair Mordey commented "I think Pete's decision to come The Cabin indicates his desire enter a truly effective treatment programme far away from the distractions and chaos of life in the UK. Also I think he's probably seen enough of the clinical environment of most western centres and wants to experience life in full colour again".



## Notes to Editors

- Alastair Mordey (BA hons, RDAP, ADAP) is the Programme Director at The Cabin Chiang Mai, an addiction treatment centre based in Chiang Mai, Thailand. He is a certified and accredited addiction counsellor with over 10 years' experience working in treatment services.
- The Cabin Chiang Mai is Asia's most respected Drug and Alcohol treatment centre. Established in 2009, with two facilities and a secondary treatment Sober House located in Chiang Mai, the Cabin has treated over 300 men and women from around the world with a programme completion rate of 96% and a recovery rate amongst the highest in the world.
- The unique programme at The Cabin combines CBT, the 12 Steps, Mind Mapping, Mindfulness therapy and physical exercise therapy.
- A fully inclusive 28 day programme at The Cabin Chiang Mai costs £7,700, about a third of the cost of private rehabs in the UK.
- [www.thecabinchiangmai.com](http://www.thecabinchiangmai.com).