



MEDIA RELEASE

November 2013

The Cabin Chiang Mai Alcohol and Drug Rehab to Participate in APSAD Conference this 24th- 27th November

Psychologist Cameron Brown of The Cabin Chiang Mai rehab centre will join leading international and Australian addiction professionals at the Australasian Professional Society on Alcohol and other Drugs (APSAD) Conference – Australia's largest addiction treatment event held between 24 -27 November 2013. The conference titled, *Bridging Knowledge and Practice*, will raise awareness about the problems related to the use of alcohol and drugs, as well as promote improved standards in clinical practice and research about treatment and allied subjects.

Cameron Brown, the Australian Aftercare Provider and Evidence-based Researcher for The Cabin Chiang Mai, Asia's top residential addiction treatment centre located in Northern Thailand, will speak on The Cabin's highly effective treatment model, which has delivered more than 600 clients into successful recovery since 2009.

- **Topic:** Outcomes And Effectiveness Of A Combined 12 Step/Cognitive Behaviour Therapy Program For Alcohol And Other Drug Addictions
- **Date:** 25 November 2013 from 12.10 – 12.30pm
- **Venue:** Meeting Room M1, Brisbane Convention and Exhibition Centre, Brisbane

Cameron is an Associate Member of the Australian Psychological Society. He has worked in residential rehabilitation on the Gold Coast, providing one-on-one counselling and facilitating group sessions for people struggling with addiction, especially those with a dual diagnosis. His experience involves social skills training, group therapy and case management.

The Cabin's highly effective addiction treatment programme treats both chemical (drug and alcohol addictions) and process addictions using a unique treatment model that integrates CBT, 12 Steps and 3 Circle techniques to achieve recovery in a shorter time span than traditional methods.

This secular and culturally adaptable programme, which includes relapse prevention therapy and dedicated aftercare, draws clients from all over the globe as The Cabin Chiang Mai is able to offer world-class treatment and accommodation at approximately 1/3 of the rates quoted by similar facilities in the West.

For more information visit http://www.thecabinchiangmai.com/clinical_achievements

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*For more information please contact The Cabin Chiang Mai directly or their PR representative **Edelman Healthcare** at:*

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About The Cabin

The Cabin Chiang Mai is Asia's most respected drug and alcohol treatment centre, with two facilities and a secondary treatment Sober House located in Chiang Mai. Since 2009 the Cabin has treated over 600 men and women from around the world with a programme completion rate of 96% and a recovery rate amongst the highest in the world.

The unique programme at The Cabin combines CBT, the 12 Steps, mind mapping, mindfulness therapy and physical exercise therapy. A fully inclusive 28 day programme at The Cabin Chiang Mai costs \$12,900, about a third of the cost of private rehabs in countries such as Australia.