



**MEDIA RELEASE**

**November 2015**

## **The Cabin Addiction Services Group co-hosts UK Workshop on Addiction Treatment**

Multinational addiction treatment provider, The Cabin Addiction Services Group, and US-based Caron Treatment Centers will co-host a two-day workshop on mental health and addiction in London this 3rd – 4th November, 2015, for treatment professionals.

The event, which is their 4th annual UK workshop, will be held at the London Marriott Hotel Kensington. Participants can earn six Continuing Professional Development hours each day, while benefitting from tuition through interactive presentations by a list of prominent addiction treatment practitioners from the UK, Us and Asia.

Speakers include Alastair Mordey, Programme Director of [The Cabin Chiang Mai](#) and Dr Brian Wells, Clinical Director of The Cabin Addiction Services Group. The Cabin Chiang Mai, situated in northern Thailand, is considered to be Asia's best inpatient rehab and is The Cabin Addiction Services Group's flagship treatment facility. The Group also operates outpatient addiction treatment centres in Bangkok, Hong Kong, Singapore and Sydney.

All centres make use of an innovative but evidence-based treatment model developed by Alastair Mordey called Recovery Zones, which is a refined combination of Cognitive Behavioural Therapy, 12 Step principles and Mindfulness Therapy. This combination approach has been proven to treat addiction more effectively than using just a single treatment method.

Alastair will share this therapeutic model in:

**Topic:** *Bringing the best of East and West together in treating addictions*

**Time:** Nov 3rd, 2.00-3.00pm

**Topic:** *Switching seats on The Titanic: Recognising different addiction disorders as part of the same illness*

**Time:** Nov 4th, 2.00-3.00pm

*Dr Brian Wells will speak about:*

**Topic:** *Which would you rather have on your clinical team? A psychiatrist or a trained monkey?*

**Time:** Nov 3rd, 3.00-4.00pm

**Topic:** *How relevant/useful is the term "Dependence" in the 21st century?*

**Time:** Nov 4th, 3.00-4.00pm

Admission costs UK£ 50/ person and includes complimentary lunch on both days. Interested persons can register at the door.

**Time:** 9.30 am to 5.00pm

**Date:** November 3rd – 4<sup>th</sup> 2015

**Place:** London Marriott Hotel Kensington, 147 Cromwell Road, SW5

Please click here for more details about the [workshop](#).

Please click here for more information about [The Cabin Addiction Services Group](#):



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**ENDS**

*For more information please contact The Cabin Chiang Mai directly or their PR representative **Edelman Healthcare** at:*

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**About the Cabin Chiang Mai**

*The Cabin Chiang Mai is Asia's most respected inpatient drug and alcohol treatment center, with two facilities and a secondary treatment Sober House located in Chiang Mai. Since 2010 the Cabin has treated over 1,500 men and women from around the world with a programme completion rate of 96% and a recovery rate amongst the highest in the world. A fully inclusive 28 day programme at The Cabin Chiang Mai costs \$14,000, about a third of the cost of private rehabs in the West.*

*The Cabin Chiang Mai is part of The Cabin Addiction Services Group, a leading international addiction treatment provider with inpatient and outpatient centres across Asia-Pacific and Europe.*