



MEDIA RELEASE

May 2015

The Cabin Chiang Mai Alcohol and Drug Rehab to Participate in WCSAD Conference from 28th – 31st May

Alastair Mordey, Programme Director of The Cabin Chiang Mai Rehab will come together with America's top addiction treatment specialists to exchange knowledge about the latest advancements in treatment at the 6th Annual West Coast Symposium on Addictive Disorders (WCSAD), in La Quinta, CA from the 28th - 31st of May 2015.

WCSAD is America's premier addiction conference dedicated to promoting outcomes-based addiction services and continuing education on developments in the various academic disciplines within the fields of addiction and behavioral health. This year, the event offers over 50 seminars and 60 key speakers.

Alastair, who designed the highly successful treatment programme used at The Cabin Chiang Mai, Asia's top residential addiction treatment centre in Northern Thailand, will speak on his treatment model, which has delivered more than 1200 clients into successful recovery since its opening in 2010.

- **Topic:** Bringing psycho/social elements of treatment into alignment with advances in the understanding of the neurobiology of addiction
- **Date:** 30th May @1.45 – 03.15 pm
- **Venue:** La Quinta Resort and Club, CA

Alastair is a certified addiction counsellor with over 10 years' experience working in all four tiers of the UK's treatment services, including as an advisor to the National Treatment Agency on matters of drug and alcohol treatment provision. His forte is developing therapeutic group work models for both inpatient and outpatient settings. He also writes articles on addiction for numerous media outlets including CNN and Asian Correspondent.

The Cabin's unique addiction treatment model, called [Recovery Zones](#), treats both chemical (drug and alcohol addictions) and process (sex, gambling, etc) addictions. Recovery Zones offers a refined combination of the most effective treatment methods known today, such as CBT, 12 Step techniques and Mindfulness that have been modified to achieve recovery in a shorter time span than traditional methods.

This secular and culturally adaptable treatment programme, which includes relapse prevention therapy and dedicated aftercare, draws clients from all over the globe as The Cabin Chiang Mai is able to offer world-class treatment and accommodation at approximately 1/3 of the rates quoted by similar facilities in the US.

For more information visit www.thecabinchiangmai.com

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*For more information please contact The Cabin Chiang Mai directly or their PR representative **Edelman Healthcare** at:*

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About the Cabin

The Cabin Chiang Mai is Asia's most respected inpatient drug and alcohol treatment center, with two facilities and a secondary treatment Sober House located in Chiang Mai. Since 2010 the Cabin has treated over 1,000 men and women from around the world with a programme completion rate of 96% and a recovery rate amongst the highest in the world. A fully inclusive 28 day programme at The Cabin Chiang Mai costs \$12,900, about a third of the cost of private rehabs in the West.

The Cabin Chiang Mai is part of The Cabin Addiction Services Group, a leading international addiction treatment provider with inpatient and outpatient clinics across Asia Pacific.