

## Top Addiction Specialist to Meet with Addiction Treatment Professionals in Singapore and Malaysia this June



Alastair Mordey, The Cabin Programme Director

***Clinical Programme Director Alastair Mordey of The Cabin Chiang Mai, Asia's leading inpatient rehab centre, will be visiting Singapore and Malaysia this 17-21st June in an effort to improve collaboration in treatment in the Southeast Asia region***

The Cabin's close proximity to both Singapore and Malaysia combined with its highly-effective yet affordable Western-style treatment approach makes Southeast Asians and expats living in Southeast Asia the centre's largest client group. According to Alastair, treatment at The Cabin costs just one third of the price of similar standard establishments in the West.

Alastair, who is a specialist in the "All Addictions" treatment model and architect of The Cabin's progressive treatment programme, which boasts a 96% completion rate, will conduct a series of exclusive meetings with professionals in the addiction and mental health communities.

The meetings will take place on the following dates in the following cities:

- Singapore: 17-18 June
- Selangor: 19 June
- Kuala Lumpur: 20-21 June

These meetings are a great way to exchange information about the many issues and challenges that face addiction and addiction treatment in this part of the world. But more importantly, they offer people working with addiction in these countries the opportunity enter a mutually beneficial partnership with Asia's top rehab centre whilst learning about The Cabin's innovative and effective treatment approach.



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The Cabin treats both chemical (drug and alcohol) and process (gambling, sex, internet, etc) addictions using a unique treatment model – it combines Cognitive Behavioural Therapy, 3 Circle techniques and a modified version of the 12 Steps, which is culturally-sensitive and more suited to treating people from different backgrounds and beliefs. The programme is enhanced by Mindfulness and exercise therapy and includes relapse prevention coaching and dedicated aftercare.

With an emphasis on confidentiality and family support, The Cabin draws clients from all over the globe as it is able to offer world-class treatment and luxury accommodation at approximately 1/3 of the rates quoted by similar facilities in the West.

If you are interested in a private meeting, please email [meetings@thecabinchiangmai.com](mailto:meetings@thecabinchiangmai.com)

**ENDS**

*For more information please contact The Cabin Chiang Mai directly or their PR representative **Edelman Healthcare** at:*

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**About the Cabin**

*The Cabin Chiang Mai is Asia's most respected inpatient drug and alcohol treatment centre, with two facilities and a secondary treatment Sober House located in Chiang Mai. Since late 2009 the Cabin has treated over 900 men and women from around the world with a programme completion rate of 96% and a recovery rate amongst the highest in the world.*

*The unique programme at The Cabin uses a combination of CBT, 3 Circles and a secularised version of 12 Steps; plus mind mapping, mindfulness therapy and physical exercise therapy. A fully inclusive 28 day programme at The Cabin Chiang Mai costs \$12,900, about a third of the cost of private rehabs in the West.*