



MEDIA RELEASE

August 2014

Top Asian Addiction Rehab to hold Workshop for UAE Health Sector in August

The Cabin Chiang Mai addiction rehab and Anglo Arabian Healthcare will jointly host a special addiction treatment workshop for the United Arab Emirates Health Authorities and professionals in Dubai on 28th August 2014.

The Cabin Chiang Mai, Asia's leading drug and alcohol rehab centre, has been witnessing a steady 40% year-on-year increase in Middle Eastern clients for the past four years – currently making Middle Easterners and expats from this region their fourth largest client group.

Anglo Arabian Healthcare, headquartered in Dubai, is an integrated healthcare provider that provides medical care and diagnostic services to communities across the UAE. Its current portfolio consists of 19 healthcare assets that include hospitals, clinics, pharmacies and a network of premium diagnostic laboratories.

The workshop, which is an invitation only event, titled *“Drug Addiction in the UAE”*, is being organised to give the local addiction treatment community access to the latest know-how in addiction treatment.

The highlight of the event will be The Cabin Programme Director Alastair Mordey's presentation – *“What is addiction and how is it treated?”* – where he will explain The Cabin's progressive and highly effective treatment approach. It will be followed by a Q&A session so that attendees have the chance to share information and further discuss addiction treatment issues.

The Cabin treats both chemical (drug and alcohol) and process addictions using a unique treatment model that integrates CBT and 3 Circle techniques with a modified version of the 12 Steps, which is culturally-sensitive and more suited to treating people from different backgrounds and beliefs. This model is enhanced by Mindfulness therapy and includes relapse prevention coaching and dedicated aftercare programmes.

With an emphasis on confidentiality and family support, The Cabin draws clients from all over the globe as it is able to offer world-class treatment and accommodation for only 1/3 of the price quoted by similar standard facilities in the West.

To learn more about The Cabin's treatment methods, please click [here](#).

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*For more information please contact The Cabin Chiang Mai directly or their PR representative **Edelman Healthcare** at:*

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About the Cabin

The Cabin Chiang Mai is Asia's most respected inpatient drug and alcohol treatment centre, with two facilities and a secondary treatment Sober House located in Chiang Mai. Since 2009 the Cabin has treated over 1,000 men and women from around the world with a programme completion rate of 96% and a recovery rate amongst the highest in the world.

The Cabin's treatment programme combines CBT, a secularised version of the 12 Steps, 3 Circles methodology, mindfulness therapy and physical exercise therapy. A fully inclusive 28 day programme at The Cabin Chiang Mai costs US\$12,900.

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