



**MEDIA RELEASE**

**April 2013**

## **The Cabin Chiang Mai Alcohol and Drug Rehab to participate in Australian Miner's Health Conference – April 29th - 30th**

With more and more importance being placed on the wellbeing of Australia's large mining workforce, The Cabin Chiang Mai's After-care Provider & Evidence Based Researcher Cameron Brown will deliver a lecture on "Substance Abuse and the Mining Industry" at the Miners' Health & Wellbeing Conference 2013 in Brisbane this April 29<sup>th</sup>.

According to figures from The Cabin Chiang Mai, Asia's leading drug and alcohol rehab treatment centre located in Thailand, an alarming number of Australian mining workers are seeking rehab for drug and alcohol addiction. Psychologist Cameron Brown, who heads The Cabin's after-care program in Australia, revealed that 11 per cent of the rehab centre's clients work in the Australian mining and construction industries, with the majority being treated for alcohol dependency. Additionally, The Cabin reported a dramatic 30 percent increase in miners seeking help for a substance abuse problem from 2011 to 2012.

The Cabin Chiang Mai treats both chemical (drug and alcohol addiction) and process addictions using a unique treatment model that integrates CBT, 12 Steps and The Three Circles techniques to achieve recovery in a shorter time span than traditional methods. A secular and culturally adaptable programme, the method has proved widely successful with a diverse range of clients from around the world, including Australians.

Cameron Brown, Aftercare Provider & Evidence Based Researcher of The Cabin Chiang Mai will speak at the Miners' Health & Wellbeing Conference 2013 on:

- *Topic:* Substance Abuse and the Mining Industry
- *Date:* 29 April 2013 from 2.50 – 3.20pm
- *Venue:* Stamford Plaza, Brisbane

Recognised as Asia's best alcohol and drug rehab facility, The Cabin draws clients from all over the globe with a significant portion coming from Australia as it is able to offer world-class treatment and accommodation at approximately 1/3 of the rates quoted by similar facilities in the West.

For more information visit [http://www.thecabinchiangmai.com/clinical\\_achievements](http://www.thecabinchiangmai.com/clinical_achievements)

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*For more information please contact The Cabin Chiang Mai directly or their PR representative  
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+61 (02) 9291 3364, [amy.sanders@edelman.com](mailto:amy.sanders@edelman.com)**About the Cabin**

*The Cabin Chiang Mai is Asia's most respected Drug and Alcohol treatment centre, with two facilities and a secondary treatment Sober House located in Chiang Mai. Since 2009 the Cabin has treated over 300 men and women from around the world with a programme completion rate of 96% and a recovery rate amongst the highest in the world.*

*The unique programme at The Cabin combines CBT, the 12 Steps, mind mapping, mindfulness therapy and physical exercise therapy. A fully inclusive 28 day programme at The Cabin Chiang Mai costs \$12,900, about a third of the cost of private rehabs in countries such as Australia.*