



MEDIA RELEASE

April 2015

The Cabin Chiang Mai Alcohol and Drug Rehab to Participate in UKESAD Conference from 4th - 6th May

Alastair Mordey, Programme Director of The Cabin Chiang Mai rehab will be joining other leaders in addiction treatment at the UK/European Symposium on Addictive Disorders (UKESAD) – the UK’s largest addiction care event held between 4th-6th May 2015. During the course of the conference, these professionals will share their knowledge and expertise on the latest developments in addiction treatment and how to achieve sustainable recovery.

Alastair, who designed the highly successful treatment programme used at The Cabin Chiang Mai, Asia’s top residential addiction treatment centre located in Northern Thailand, will speak on the treatment model, which has delivered more than 1200 clients into successful recovery since its opening in 2010.

- **Topic:** Bringing psycho/social elements of treatment into alignment with advances in the understanding of the neurobiology of addiction
- **Date:** 5th May 2015 @ 2pm(May 5: 2 PM)
- **Venue:** London Marriott Hotel, Grosvenor Square, London

Alastair is a certified and accredited addiction counsellor with over 10 years’ experience in the addiction field and has worked in all four tiers of the UK’s treatment services, including as an advisor to the National Treatment Agency on matters of drug and alcohol treatment provision. His forte is developing therapeutic group work models for both inpatient and outpatient settings. He also writes articles on addiction for numerous media outlets including CNN and Asian Correspondent.

The Cabin’s unique addiction treatment model, called [Recovery Zones](#), treats both chemical (drug and alcohol addictions) and process (sex, gambling, etc) addictions. Recovery Zones offers a refined combination of the most effective treatment methods known today, such as CBT, 12 Step techniques and Mindfulness that have been modified to achieve recovery in a shorter time span than traditional methods.

This secular and culturally adaptable treatment programme, which includes relapse prevention therapy and dedicated aftercare, draws clients from all over the globe as The Cabin Chiang Mai is able to offer world-class treatment and accommodation at approximately 1/3 of the rates quoted by similar facilities in the West.

For more information visit www.thecabinchiangmai.com

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*For more information please contact The Cabin Chiang Mai directly or their PR representative **Edelman Healthcare** at:*

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About the Cabin

The Cabin Chiang Mai is Asia's most respected inpatient drug and alcohol treatment center, with two facilities and a secondary treatment Sober House located in Chiang Mai. Since 2010 the Cabin has treated over 1,000 men and women from around the world with a programme completion rate of 96% and a recovery rate amongst the highest in the world. A fully inclusive 28 day programme at The Cabin Chiang Mai costs \$12,900, about a third of the cost of private rehabs in the West.

The Cabin Chiang Mai is part of The Cabin Addiction Services Group, a leading international addiction treatment provider with inpatient and outpatient clinics across Asia Pacific.